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Hospital Surgical Instructions

1. The hospital will call you the day prior to your procedure with instructions and answer any questions.
2. Have your physical no more than 30 days prior to the scheduled procedure.
3. Please fax a copy of your physical to my office at (860) 633-1642.
4. Please purchase at your local pharmacy Hibiclens. While bathing, scrub the operative foot for two days prior and the morning of your surgical procedure for five minutes. If you have sensitivity to this product, please inform the office.
5. Do you need crutches and are you going to need to be crutch trained?
6. Do not eat or drink anything after midnight!!! If you do, the surgery may be canceled. (You must not eat or drink for 8 hours prior to surgery.)
7. Call if there are any questions or problems.
8. You will need transportation to and from the surgical facility.
9. All prescriptions will be given the day of surgery unless requested prior.
10. Stop any blood thinners (Coumadin, Aspirin, Motrin etc.) 3 days prior to the procedure.
11. Do you require antibiotics prior to surgery (usually given IV for heart valve problems/metallic hardware)
12. Prior authorization or pre-certification will be obtained by the office.
13. Arrive 1 ½ hours prior to your scheduled time.
14. You are scheduled at _____ on _____
time _____.