

OFFICE SURGERY INSTRUCTIONS

- 1) Eat a normal breakfast or lunch.
- 2) Take any medication you usually take, EXCLUDING ASPRIN OR ANTIINFLAMATORY medication such as MOTRIN (Ibuprofen), which should be stopped (3) days prior to surgery.
- 3) Wear a pair of loose fitting pants or sweat pants, which can easily be rolled up to just below the knee.
- 4) Any lab work (if needed) should be performed at least 10 days prior to the procedure.
- 5) Our office staff will call your insurance company and obtain any prior authorization, which may be required.
- 6) Do you need any antibiotics prior to your surgery?
- 7) Call our office if you have any questions or problems. (860-633-9004)
- 8) All Post-Op instructions, prescriptions and answers to questions will be provided the day of the surgery.
- 9) PLEASE refrain from the use of any perfumes or colognes.
- 10) There is \$20.00 fee for the surgical shoe, since it is a non-covered item by your insurance company.

Date Scheduled _____