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Excision – Nail & Nail Matrix Post – Op Care:

You may shower or bathe beginning tomorrow.

A.M. Change dressing using Bacitracin or Neosporin ointment and band-aid.

P.M. Epsom Salts soaks ... 1 Pint of warm water to 1 Tablespoon Epsom Salts.

Soak for 15 minutes each evening.

Beginning tomorrow and for the next 3-5 days use ointment and band-aid in the A.M. In the P.M. remove band-aid for soaking then leave open to dry 1-2 hours. Following the drying period apply ointment and band-aid.

After Day 5, continue the treatment described above, but DO NOT reapply the band-aid

After the evening soak. Leave uncovered while sleeping.

Continue using the ointment and band-aid during the day and soaking in the evening until your follow-up appointment.